

## Far Infrared Therapy



Infrared energy is known to penetrate tissues to a depth of over 2.5cm on animal companions. Of note is that the Infrared Radiant energy output is actually tuned to correspond closely to a companion's own radiant energy, so that body tissues absorb close to 93 percent of the infrared waves that reach the skin.

The tissues in your animal companions' bodies, in need of an infrared boost, will selectively absorb infrared rays. The tissue will only use the infrared rays in areas where it is needed. After boosting a tissue's infrared energy, the remaining rays pass onward harmlessly.

As Far-infrared energy is absorbed, it increases fundamental energy by exciting molecules of various cells. With cells being 'excited', blood flow is increased and with it, nutrition is delivered and that literally cleans out the toxins and accumulated fats. Obviously this facilitates and accelerates natural healing and increases cellular integrity.

Tissues in our animal companions normally produce infrared energy for warmth and tissue repair. Notwithstanding the objective of keeping warm, tissue production of infrared energy is also associated with a variety of healing responses.

Invariably, FIR Therapy when coupled with our clay pack wraps and Ultrasonic Ozone Spa sessions, has been found to be beneficial for treating a broad spectrum of skin conditions often contracted in the tropics. Other beneficial therapeutic effects of Far Infra-red therapy include:

- relief of skin inflammations and an enhancement of the therapeutic effects of the mud wrap
  - improvement in flexibility and joint mobility
- the relief of pain and enhanced joint tissue healing
  - reduction in muscle stiffness and pain
  - decreased soreness, swelling and numbness
- localised warming and improved circulation to numb extremities
  - lessening of body odour



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