## Gemmotherapy

Gemmotherapy is a form of herbal medicine using remedies specially made from the buds and young shoots of trees and shrubs. Other parts are used as well – typically the rootlets, bark, catkins, seeds and sap.

Plant extracts high in growth factors are only present in the buds and not in the whole plant, but begin to disappear as the plant matures. Researchers have found that this process releases the greatest amount of healing potential from the plants.

Preliminary research on using plant buds therapeutically was started by Dr. Pol Henry of Belgium in the 1950s.

After extensive clinical research on immature plant materials, Max Tetau, MD, introduced the therapeutic technique known as Gemmotherapy in 1971.

The main principle behind Gemmotherapy is drainage and detoxification of the organism at its cellular level.

Only by accomplishing this process can the body truly heal itself.

Hormones, vaccinations, drugs and petrochemicals are identified as rampant toxins in our society. These toxins, being a product of our environment and our own metabolic processes, can block replication of cells. Without these cell replications, we experience organ failure which is commonly known as the disease process.

From a holistic perspective, Gemmotherapy heals with the abundant vital energy concentrated in the germinative parts of the trees and shrubs. There are 60 plants utilised in the system of Gemmotherapy. Each of these plant extracts has very specific actions on any living organism.

Gemmotherapy Table
Table of Gemmotherapy Botanicals: \*\*\*\*

